# SOCIAL NETWORKING AT RRMS

#### SOME OF OUR POSITIVE EXPERIENCES:

- Sometimes I feel more comfortable communicating online.
- Helps me stay in touch with friends.
- I get to know my school better.
- for help when we are not in school
- Officer Winston posts are positive and have a good message.
- Positive recognition of hard work.
- seeing their social media accounts.
- My teacher shared a picture of my
- Officer Winston posts are positive and have a good message.



## BALANCE

Make sure to spend time with your friends in person.

Recognize that there are things that are better to be shared face-to-face.

Make sure to turn off social media at the right times (like at dinner or at bedtime).



Remember that pictures can live forever online.

They way you present yourself online can stick with you forever.

Stay positive and make people feel good.

### DON'T TAKE IT TOO SERIOUSLY



People post more pictures when things are going well, so you usually only see the good stuff. Social media is not always real life!

#### HOW DO WE USE SOCIAL MEDIA FOR LEARNING? **OUR STUDENTS OUR PARENTS**

- Pinterest for crafts.
- History social media accounts for articles.
- Learn about new books and discuss books I am reading.
- Math tutorials.
- Cooking accounts like Tasty.
- Chat with colleagues about how to figure things out at work.
- My mom likes to dance so she uses social media to find events.
- To help with recipe ideas.
- LinkedIn for professional profile
- Siblings using social media in college for classes.